

Constantly Monitoring Quality of Care and Appropriateness of Treatment

Program Perks

- Comprehensive approach to ensure high-quality, appropriate care
- Focusing on patients' long-term needs and wellness
- Maximizing cost savings and avoiding unnecessary treatments and hospitalizations

How Do They Work?

Cypress Benefit Administrators' **Utilization, Case and Disease Management** programs work together to help ensure members are receiving the most quality, cost-effective care and treatment options available. These programs also focus on patients' long-term healthcare needs and provide the support, education and resources necessary to focus on recovery and wellness.

Why Do They Work?

By offering these three integrated management services, cases are continually monitored to ensure the quality and appropriateness of care and avoid any preventable high-cost procedures or hospitalizations. A dedicated team of professionals is assigned to cases to help serve the individual, ongoing needs of each patient. Special emphasis is placed on the most expensive treatments – oncology, neonatology, renal disease – by ongoing consultation with the nation's most highly qualified experts, leading to more effective outcomes and lower costs.

Cypress Exclusives – Comprehensive Plan Offerings

- **Utilization Management**
 - Continual case monitoring to assure quality and appropriateness of care
- **Case Management**
 - Member education
 - Treatment facilitation
 - Support group and system identification
 - Minimize complications through health management
 - Follow-up reporting
 - Encouragement of lifestyle changes and behavior modification
 - Financial option assessment for plan and member
- **Disease Management**
 - Disease-specific education
 - Program benefit communication
 - Incentive information
 - Coaching and counseling of diseases such as asthma, diabetes, coronary artery disease, congestive heart failure and hypertension

Adapting Benefits. Controlling Costs.

As a pioneer in consumer-directed health plans with unparalleled industry experience, Cypress Benefit Administrators offers an exclusive, comprehensive set of medical risk management tools – including **Utilization, Case and Disease Management** – to help ensure quality care and save employers money. See why more and more companies are turning to innovative options within The Cypress Solution to manage their self-funded benefit plans.

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