

TPA Makes Mental Health a Priority with Partnership to Provide Forward-Thinking Employee Assistance Programs

Cypress Benefit Administrators has partnered with CuraLinc to offer its employer-clients an Employee Assistance Program (EAP) benefit option that is having significant impact. The third party administrator shows how it has embraced the need for including mental health services within employee benefit plans.

(Appleton, WI) – Understanding the growing need to focus on mental health in the workplace, [Cypress Benefit Administrators](#) is offering its employer-clients a forward-thinking Employee Assistance Program (EAP) solution through a partnership with CuraLinc Healthcare.

The third party administrator (TPA) is seeing first-hand the value EAPs bring to employees and employers as a benefit option, and the company is pleased by the results these programs are having so far.

“When employers develop health plans, it can be easy to narrow the focus to elements related to physical health,” said Tom Doney, president and CEO of Cypress. “We’re seeing what a toll mental illness can take on employees in terms of things like productivity, performance and morale, and finding that it’s just as important to integrate options like EAPs.”

Cypress chose to partner with [CuraLinc](#) because of the smart, well-designed structure its EAP programs offer, including:

- Confidential assistance
- 24/7 help from qualified professionals
- Appropriate channels and technology – move from face-to-face sessions only to those that incorporate web, mobile and e-consults
- Clinical follow-ups throughout the assistance process
- Data monitoring
- Focus on specific initiatives by workplace

“ We’re seeing what a toll mental illness can take on employees in terms of things like productivity, performance and morale, and finding that it’s just as important to integrate options like EAPs.”

Continued on next page...

...continued from prior page

CuraLinc reports that each case has an average cost of \$622 for outpatient mental health counseling and consists of just six sessions. In 34.4% of cases, participants were considered to be severely or moderately depressed when they first reached out for assistance. This rate lowers to 4.9% after an EAP is implemented.

“These numbers really highlight how well an EAP can work when designed and communicated properly,” Doney said. “It’s a small price to pay to receive critical support with mental health issues and realize such substantial results.”

Along with those statistics, CuraLinc notes that after 30 days into the EAP program, nearly 81% of employees report working at a “high” level of productivity. This is a 55% improvement from the productivity levels shared at the start. Another notable statistic: 36.6% of EAP participants report misusing alcohol before seeking assistance, but this number drops to 7.3% after.

Overall, the EAP program through CuraLinc has a 4.9 to 1 average ROI.

About Cypress Benefit Administrators

A privately held company headquartered in Appleton, Wis., Cypress Benefit Administrators has been pioneering the way toward cost containment in self-funded health benefits since 2000. The third party administrator (TPA) is the country’s first to bring claims administration, consumer driven health plans and proven cost control measures together into one package for companies ranging from 50 employees to thousands of employees. It serves employer-clients across the U.S. with additional locations in Portland, Ore., Omaha, Neb. and Denver, Col. For more information on Cypress and its customized employee benefits, visit www.cypressbenefit.com.

For more information on this and other industry topics or Cypress services, please contact:

Greg Berth Appleton, WI (877) 236-0844 gregb@cypressbenefit.com	Tami Eddie, RHU, REBC Omaha, NE (800) 223-5508 tamie@cypressbenefit.com	Andrew Rozmiarek Denver, CO (877) 236-0844 andrewr@cypressbenefit.com	Julie Kohanek, RHU Omaha, NE (800) 223-5508 juliek@cypressbenefit.com
--	--	--	---

For more articles like this, sign up to receive our twice-monthly [eNewsletter](#).